

Speech Recovery Tips After Stroke



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Speak Slowly

Take your time with words and sentences.



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Practice Daily

Even 10 minutes a day can help.



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Read Out Loud

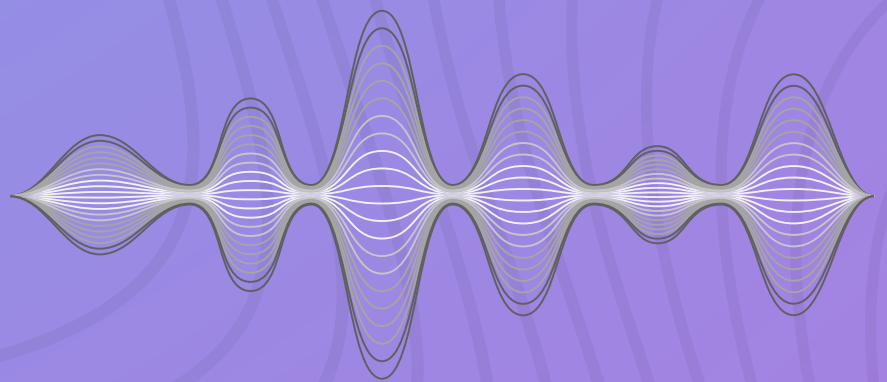
Short newspaper lines or captions work well.



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Use Music

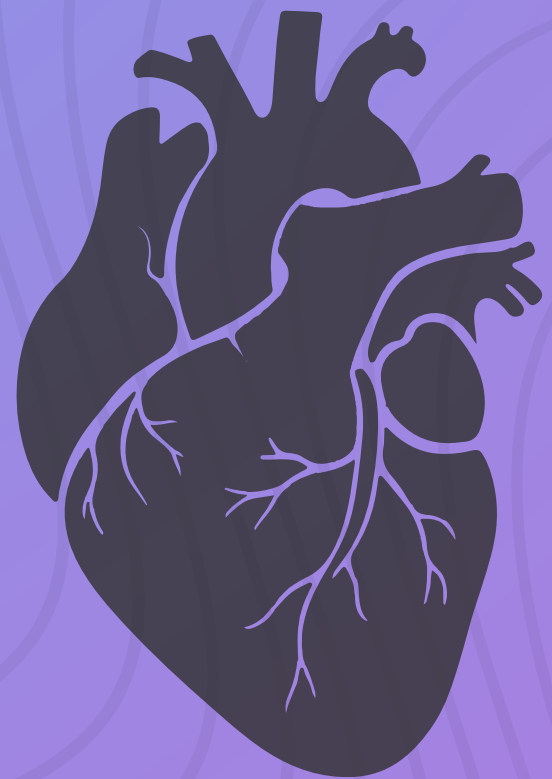
Singing familiar songs may support speech recovery.



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Don't Rush Corrections

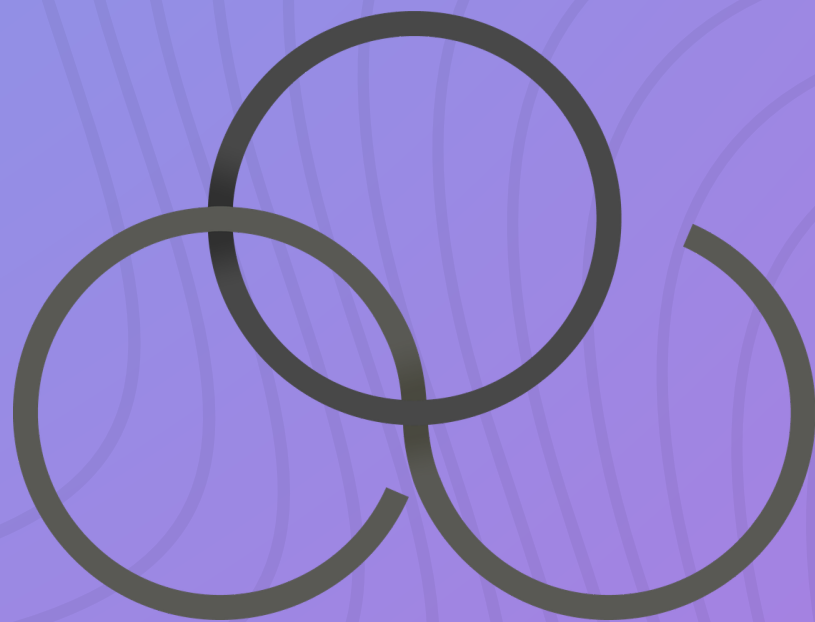
Encouragement helps more than pressure.



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Communication Matters

Gestures and writing are also communication.



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Disclaimer

Follow guidance from a licensed speech therapist.

